



Professional Medical Spa
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HAIR REMOVAL CONSENT

Background

The purpose of this procedure is to diminish or remove unwanted hair. The laser works by disabling hairs that are in their active growth cycle at the time of treatment. Since other hairs will enter their growth cycle at different times, multiple treatments will be necessary to disable all of the follicles in a given area. The total number of treatments will vary between individuals. On occasion there are patients that do not respond to treatments. The treated hair should exfoliate or push out in approximately 2-3 weeks.

Risks and Complications

This list is not meant to be inclusive of all possible risks and complications associated with laser-assisted hair removal, as there are both known and unknown side effects associated with any procedure. The possible side effects of laser assisted hair removal include but are not limited to:

1. There is a risk of scarring.
2. During the treatment there is a risk of itching, pain, tingling, or numbness.
3. Short term effects may include reddening, mild burning, temporary bruising or blistering. Hyper-pigmentation (darkening) and hypo-pigmentation (lightening) have also been noted after treatment. These conditions usually resolve within 3-6 months, but permanent color change is a rare risk. Avoiding sun exposure before and after the treatment reduces the risk of color change.
4. Infection: Although infection following treatment is unusual, bacterial, fungal and viral infections can occur. Herpes simplex virus infections around the mouth can occur following a treatment. This applies to both individuals with a past history of herpes simplex virus infections and individuals with no known history of herpes simplex virus infections in the mouth area. Should any type of skin infection occur, additional treatments or medical antibiotics may be necessary.
5. Bleeding: Pinpoint bleeding is rare but can occur following treatment procedures. Should bleeding occur, additional treatment may be necessary.
6. Allergic Reactions: In rare cases, local allergies to tape, preservatives used in cosmetics or topical preparations have been reported. Systemic reactions (which are more serious) may result from prescription medicines.
7. I understand that exposure of my eyes to light could harm my vision. I must keep the eye protection goggles on at all times.
8. Compliance with the aftercare guidelines is crucial for healing, prevention of scarring, and hyper-pigmentation.

Alternatives

Alternative methods for hair removal include waxing, shaving, electrolysis, and chemical epilation.

Photographs

Clinical photographs and their use for shall be used for the patient's medical record and for scientific purposes both in publications and in presentations. The patient's identity will always be protected.

Contraindications

Women who are pregnant should not have laser hair removal.

Anyone who has the herpes simplex virus I or II must take a prescription antiviral medication for several days before and after treatment. If hair removal is desired in the area of previous outbreaks, it is possible that heat from the laser causes an attack of herpes viruses. If an active outbreak of herpes, either on the face or genital area, it is important to reschedule the treatment of laser hair removal.

